

Southbourne Flat & Fast 5K
Sunday 7 March 2010. 11:15 am
Results for all competitors in finish order

Place	Time	Clock Time Name	Team	Age Group	Race No.
1	00:16:01	0:31:01 KLEPALZ, Gareth		Senior Men	592
2	00:17:30	0:32:30 JOHNSON, Thomas		Senior Men	534
3	00:17:49	0:32:49 PRICE, Dan	Exeter University AC	Senior Men	584
4	00:20:09	0:35:09 JONES, Gareth	Oxford City AC	M50-M99	595
5	00:20:20	0:35:20 KIRKTON, Brendan	Bournemouth AC	Junior Men	509
6	00:20:30	0:35:30 RAINES, Nick		Senior Men	530
7	00:22:19	0:37:19 HUGES, Jenny		F40-F49	533
8	00:22:31	0:37:31 PAGE, Robert		M50-M99	532
9	00:23:05	0:38:05 WILKIE, Mark		M40-M49	583
10	00:23:39	0:38:39 MITCHELL, Keith John	New Forest Runners	M50-M99	514
11	00:23:39	0:38:39 VIZARD, Russell		Senior Men	531
12	00:23:40	0:38:40 FULLER, DAVID		M40-M49	571
13	00:24:05	0:39:05 DENCE, Timothy		M40-M49	543
14	00:24:18	0:39:18 JENNINGS, Mark		M40-M49	538
15	00:24:24	0:39:24 BIDDLECOMBE, James		M40-M49	566
16	00:24:33	0:39:33 PREECE, Darren		Senior Men	586
17	00:24:36	0:39:36 PRITCHARD, Margaret		F40-F49	593
18	00:24:44	0:39:44 PRICE, James	Bournemouth AC	Junior Men	585
19	00:24:52	0:39:52 ELLWOOD, Tobias		Senior Men	547
20	00:25:01	0:40:01 BROWNE, Patrick		M40-M49	573
21	00:25:24	0:40:24 LEE, Simon		Junior Men	520
22	00:25:27	0:40:27 ELLIOTT, Julie		F40-F49	582
23	00:25:47	0:40:47 HOUGHTON, Zoe		Senior Ladies	560
24	00:25:47	0:40:47 HOUGHTON, Stuart		Senior Men	559
25	00:26:13	0:41:13 CHASTNEY, Chris		M40-M49	535
26	00:26:23	0:41:23 PULL, Juliet		Senior Ladies	548
27	00:26:25	0:41:25 RUFFLE, Paul		Senior Men	561
28	00:26:29	0:41:29 WHITE, Kenneth		F50-F99	526
29	00:26:30	0:41:30 RUSELL, James		M40-M49	588
30	00:26:41	0:41:41 SPENCER, Vanessa		Senior Ladies	500
31	00:26:54	0:41:54 ADAMS, JASON		M40-M49	569
32	00:27:08	0:42:08 CROSS, Isobel		Junior Ladies	578
33	00:27:11	0:42:11 HAVELLS, Gina		Senior Ladies	600
34	00:27:20	0:42:20 THOMAS, Katherine		Senior Ladies	506
35	00:27:22	0:42:22 HEARD, Julie		Senior Ladies	564
36	00:27:23	0:42:23 BARNES, Gary	Littledown Harriers	M50-M99	594
37	00:27:41	0:42:41 WALKER, Rob		Senior Men	598
38	00:27:45	0:42:45 HILLS, John		M40-M49	597
39	00:27:59	0:42:59 THAM, Desmond		M40-M49	557
40	00:28:12	0:43:12 JAMES, JANET		Senior Men	568
41	00:28:18	0:43:18 MOSS, Karen		F40-F49	563
42	00:28:18	0:43:18 MOSS, Steve		Senior Men	587
43	00:28:21	0:43:21 COX, Glen		M40-M49	512
44	00:28:50	0:43:50 TREVETT, Donna		Senior Ladies	575
45	00:28:58	0:43:58 CROSS, Elenor		Senior Ladies	577
46	00:29:10	0:44:10 WILKINSON, Alison		Senior Ladies	266
47	00:29:14	0:44:14 MILES, Daniel		Junior Men	554
48	00:29:25	0:44:25 SKIPWORTH, Emma		Senior Ladies	574
49	00:29:33	0:44:33 CULLEN, Bryony		Senior Ladies	540
50	00:29:34	0:44:34 HOWELLS, Caroline		Senior Ladies	599
51	00:29:42	0:44:42 HARVEY, Jil		F50-F99	590
52	00:29:43	0:44:43 OWEN, Marian		F50-F99	539
53	00:30:02	0:45:02 CUMMINGS, Sharon		F40-F49	589
54	00:30:08	0:45:08 VIVIAN, Simon		M40-M49	545
55	00:30:46	0:45:46 DUNN, Lisa		Senior Ladies	515
56	00:30:50	0:45:50 PALMER, Nick		M40-M49	581
57	00:31:18	0:46:18 CROSS, Nancy		Junior Ladies	579
58	00:31:18	0:46:18 CROSS, Peter		M50-M99	576
59	00:31:24	0:46:24 QUINN, Sue		F50-F99	503
60	00:31:40	0:46:40 PRAGNELL, Linda		F40-F49	580
61	00:32:04	0:47:04 OKOYE, George		Junior Men	556
62	00:32:31	0:47:31 WEBBER, Lisa		Senior Ladies	601
63	00:32:32	0:47:32 SCOTT-THOMAS, Emma		Senior Ladies	527
64	00:32:35	0:47:35 ROWLES, MARK		M50-M99	570
65	00:32:44	0:47:44 PEET, Aloexandra		F40-F49	567

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66	00:32:54	0:47:54 ACASTER, Ali		F40-F49	516
67	00:32:56	0:47:56 GOODWORTH, Debbie		F40-F49	517
68	00:33:02	0:48:02 WALLACE-ABBOTT, Suzanne		F40-F49	504
69	00:33:16	0:48:16 WISEMAN, Tera		F50-F99	537
70	00:33:19	0:48:19 SPRATLEY, Julie		M40-M49	602
71	00:33:22	0:48:22 WALSH, Rebecca		Senior Ladies	562
72	00:33:29	0:48:29 GRUNSELL, Chloe		Junior Ladies	552
73	00:33:38	0:48:38 GLESTER, Holly		Junior Ladies	553
74	00:35:31	0:50:31 COX, Michelle		Senior Ladies	513
75	00:35:31	0:50:31 THOMPSON, Liz		F40-F49	565
76	00:35:33	0:50:33 FLETCHER, Erica		Junior Ladies	522
77	00:36:39	0:51:39 ELKINS, Claire		Senior Ladies	521
78	00:36:49	0:51:49 FLETCHER, Karen		F40-F49	523
79	00:36:54	0:51:54 CAMPBELL, Melanie		Senior Ladies	519
80	00:38:58	0:53:58 CONWAY, Beth		Junior Ladies	551
81	00:39:15	0:54:15 CUTLER, Emily		F40-F49	558
82	00:40:21	0:55:21 VIVIAN, Laura		Senior Ladies	546
83	00:43:03	0:58:03 BRUCE, Frances		F50-F99	541
84	00:43:07	0:58:07 MCKENZIE, Mary		F40-F49	542
85	00:45:22	1:00:22 WHITTINGHAM, Adrian		Senior Men	528